



# SHORT STAY



Is it time to start thinking about moving to a place of your own?

Our independent living skills services can help you do just that. Moving out of home can be a big step so it doesn't matter whether you think you'd like to do it next month, next year or sometime into the future.

We have various accommodation options and an experienced team to set up the learning experiences you may need in the following:

- Cleaning and laundry
- Shopping and paying bills
- Cooking
- Travel
- Managing money
- Budgeting
- Personal care and hygiene
- Health and well-being
- Making decisions
- Building confidence
- Adjusting to change

If you are already living on your own, we also offer supported independent living options.

If you are interested, please view our website at [www.gslservices.com.au](http://www.gslservices.com.au)

or

give us a call on (07) 4031 0123

